



## **‘Symmetry in the Saddle’**

### **Practical look at the rider’s position & saddle fitting, showing the way they influence the horse.**

**Wednesday 9<sup>th</sup> October 2019 Starting at 7pm**

**Location** – Little Duskin Farm, Covet Lane, Kingston, Canterbury, Kent CT4 6JS. In the indoor school, seating provided, but please dress to keep warm.

**Car Parking** – at the factory car park

**Refreshments** – Hot drinks provided – tea coffee fruit teas etc. and biscuits.

**Charge** – £5 entry fee, which David and Maggie wish to go to their chosen charity the ‘British Horse Society’ **Places need to be booked with Lindsey Bootes. Please make the most of this opportunity!**

**Goodie Bag** – For all attendees including a WOW discount voucher– to be used against a new saddle or girth.

**Talk Content** –

- The evening will begin with the opportunity for everyone to sit on a WOW saddle and appreciate the different styles available.
- We will also use a saddle horse and rider to explain how we can predict the way the horse will work from the way the rider sits
- We will discuss head plates and panels and with visual aids determine the correct fit required.
- We will use a members horse to show where you should look for symmetry or asymmetry in the horse including shoulders, rib cage quarters and rib cage” lift” and David will describe what he is seeing in terms of musculature and how he would expect the horse to work.
- There will be educational videos to show among other things, the use of pressure testing.
- There will be a chance to sit on a saddle on a saddle horse and experience the saddle being pumped up and adjusted. Also plenty of time for Q&A

**Talk Length** – we expect maximum including Q&A to be 2 hours.

**The evening will run from 7pm, there will be plenty to see and do and a great deal of knowledge to take home.**

**To book your place or to find out more then please contact Lindsey from the Faversham and District Riding Club on 07729763470 or [LF.Bootes@btinternet.com](mailto:LF.Bootes@btinternet.com) We hope you can join us!**